

MAPA DE AULAS DE GRUPO

FITNESS PARK

DESAFIA-TE - SUPERA-TE

SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA	SABADO	DOMINGO
6h30m	6h30m	6h30m	6h30m	6h30m	10h00m	
	BURNING PARK HYROX		BURNING PARK		BURNING PARK	
7h00m	7h00m	7h00m	7h15m	7h00m	11h15m	
BURNING PARK	CYCLE PARK	BURNING PARK HYROX	BURNING PARK	CYCLE PARK	CYCLE PARK	
12h30m	12h30m	12h30m	12h30m	12h30m	11h30m	
		BURNING PARK		BURNING PARK HYROX	BURNING PARK	
13h00m	13h00m	13h15m	13h00m	13h15m		
BURNING PARK	BURNING PARK	BURNING PARK HYROX	BURNING PARK	BURNING PARK	-	
17h30m	17h30m	17h30m	17h30m	17h30m		
BURNING PARK HYROX		BURNING PARK	BURNING PARK		-	
18h30m	18h30m	18h30m	18h30m	18h30m		
BURNING PARK	BURNING PARK	BURNING PARK HYROX	BURNING PARK	BURNING PARK HYROX	-	
19h00m	19h00m	19h00m	19h00m	19h00m		
CYCLE PARK						
19h30m	19h30m	19h30m	19h30m	19h30m		
	CYCLE PARK		CYCLE PARK			
19h45m	19h45m	19h45m	19h45m	19h45m		
	BURNING PARK HYROX	BURNING PARK HYROX	BURNING PARK HYROX			

*sábado dia 26 aulas especiais